

SPEAK UP FOR EQUALITY

Speak up against discrimination and harassment, because staying silent supports the behaviour. If you see a problem situation there are things you can do to help.



ASSESS THE SITUATION

Is it safe for you to intervene? Are there people around who could be allies to help? Make eye contact with other people to gain their support.

DISTRACT

Approach the victim with a reason for them to leave – tell them they need to take a call, or that you need to tell them something – anything to get them away safely.



SAY SOMETHING

Talk calmly and tell the person picking on the victim that it's not ok. Do this as a group if you can.

DELAY

Wait until the situation has calmed down and ask the victim if they are ok or need help.



REPORT

Call Security if you're at a venue or report the event to HR or a manager if you're at work. Stay objective and provide as much detail as possible.

IF THINGS TURN VIOLENT OR ABUSIVE

Don't put yourself at risk by intervening in violence – call the police on triple zero (000).

